



# Bringing Aromatherapy into Healthcare

## Our Training Programs

### Benefits of Aromatherapy in Healthcare

- Improve patient satisfaction and comfort
- Reduce stress for staff, residents, and families
- Provides an option to reduce stress symptoms, without the use of Psychotropic drugs
- Reduces pain, anxiety, and nausea 30 - 50%
- Delivers comfort care for Hospice, Palliative, and Home Care needs
- Promotes restful sleep patterns, which may help reduce falls
- Saves money, time and provides a welcoming, well being environment for all
- Provides a Nursing Intervention using natural pure Essential Oils

### How can You get Started?

A Certified Clinical Aromatherapist will support your team in creating your program. You need expert guidance on policy, safety, best practices, evidence based research, staff education, quality control, vendor sourcing and more.



*"We chose Jodi because of her experience in health care implementation. She knew what we needed to do to get started. Our program was thorough, clear and easy to get started. We are already seeing great results, our staff and residents love it!" - Jenny @ Bethel Health Care*

**Jodi Baglien** is a Certified Clinical Aromatherapist and Holistic Practitioner with over a decade of experience delivering successful Aromatherapy programs for healthcare and private organizations.



#### Contact:

**P: 612.802.9483**

**E: [info@jodibaglien.com](mailto:info@jodibaglien.com)**

**[www.jodibaglien.com](http://www.jodibaglien.com)**

### Aromatherapy Patch Training Program

Start your Aromatherapy program with our innovative aromatherapy inhalation patches! Patches are the preferred choice for busy hospitals and nursing facilities. We offer live, online, and customized training.

#### **Patch Training Program includes**

- Free initial consultation to answer your questions
- Consulting service to prepare for program implementation steps, determining therapeutic goals and staff education
- Program include SDS sheets, quick reference guide, samples, and patient education materials
- 1.5 hour Staff Training module via live webinar or subscription based online training (on demand)
- See website, or call for details and pricing

### Core Training Program

In Senior Care, Skilled Nursing or Mental Health settings, you will need a variety of aromatherapy interventions, methods and skills to meet your therapeutic goals. The wider scope of the Core Training Program provides you with the consulting support, site preparation and staff training you need to begin a successful and sustainable program. After training, staff is enthusiastic, confident and ready to start. Training available onsite or webinar format.

#### **The Core Training Program includes:**

- 101 - Intro to Aromatherapy Practices in Health Care – 2 Hours**
- 102 – Essential Oils for Stress and Moods with Inhalation Techniques - 2 Hours**
- 103 – Essential Oils for Comfort, pain with Topical Application Techniques - 2 Hours**
- 201 - Advanced Training with Aroma and Acupressure for agitation and anxiety.**

**Consulting only or Customized Plans available.**

**Call us at 612.802.9483 to set up a **FREE** consultation to see which program is a fit for you and answer your questions.**