



# Aromatherapy Programs for Health Care

## Aromatherapy in Health Care



Barbara Ford giving Aromatherapy treatment at Good Samaritan Home in Stillwater MN

**Considering integrative health methods to improve the well being of your patients, residents, and staff?**

### Benefits of Aromatherapy in Health Care . . .

- Reduce stress for staff, residents, and families
- Provides an option to significantly reduce the use of Psychotropic drugs
- Delivers comfort care for Hospice, Palliative, and Home Care needs
- Reduces pain, anxiety, and nausea
- Promotes restful sleep patterns and reduces falls
- Saves money, time and provides a welcoming environment for all

### Why you need a Certified Clinical Aromatherapist...

Training programs that follow safety guidelines and best practices for clinical aromatherapy.

Professionally formulated essential oils products.

**Jodi Baglien** is a Certified Clinical Aromatherapist with over a decade of experience creating and delivering programs for healthcare and private organizations.



**www.jodibaglien.com**  
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## Training Options

Our onsite or online training ensures that your staff is using best practices in Clinical Aromatherapy for safe & cost effective uses of essential oils. Jodi brings her professionalism, depth of experience, expertise, and sense of humor to make learning easy and fun.

### Recommended Training Package Includes:

**1 hour consultation** to assess goals and define your implementation methods for your training needs.

### 6 hours staff training includes . . .

- 2 hours - Getting Started with Aromatherapy
- 2 hours - Behaviors, Stress, Sleep, Appetite
- 2 hours - Pain, Hospice, Palliative, Activities

**1 hour follow up** consultation with key staff to assist with implementation details

### Additional Training Options

Need to get **moving quickly** on a limited budget?

The "Jump Start" program may be the fit for your organization. The Jump Start includes a free 30 minute consultation, 300 Aromatherapy Patches, and 2 hours of online training. Visit [jodibaglien.com](http://jodibaglien.com) and click on "Healthcare Programs" to learn more.

What about your **long term success**? Continued training and consulting is the answer . . .

- Troubleshooting on a case by case basis to address individual patient needs
- Additional on-line learning modules (available in late 2015)
- Customized Aromatherapy products for unique needs (hospice care, family care kits, and more)
- Periodic site re-evaluations to assess additional training needs and success of outcomes

*"We chose Jodi because of her experience in health care implementation. She knew what we needed to do to get started. Our program was thorough, clear and easy to get started. We are already seeing great results, our staff and residents love it". — Jenny @ Bethel Health Care*